

## Volunteer Opportunities

Crossroads Hospice Society

### WHO ARE OUR VOLUNTEERS?

[www.crossroadshospice.bc.ca](http://www.crossroadshospice.bc.ca)  
[info@crossroadshospice.bc.ca](mailto:info@crossroadshospice.bc.ca)

#### Our Volunteers

Crossroads volunteers can be found throughout the communities of Anmore, Belcarra, Coquitlam, New Westminister, Port Coquitlam and Port Moody. They come from all walks of life, both young and old, to help build this amazing community of compassionate care.

Since 1987, through the dedication of volunteers, our society has built Crossroads Inlet Centre Hospice, established the Crossroads Hospice Thrift Store, fundraised for thousands of dollars and supported us in every way imaginable. This summer volunteers will play a major role in the construction of the Crossroads Hospice Labyrinth Healing Garden.

#### Volunteer Recognition

Crossroads is committed to celebrating the success of our volunteers and holds two annual events to show its appreciation. In Spring there is the Volunteer Reception and in December a Christmas Potluck.

Also, as opportunities arise, Crossroads Hospice Society will provide letters of reference for academic or employment opportunities, nominations for volunteer community awards and surveys to ensure continued satisfaction as a Crossroads volunteer.



P.O. Box 1072 • Ridgeway Avenue  
Coquitlam • BC • Canada • V3J 6Z4

Crossroads Hospice Society relies on financial support from fundraising, grants and public/corporate donations.

For further information please contact the Society administrative office at:

P.O. Box 1072  
Coquitlam, BC V3J 6Z4  
Tel: 604-945-0606 • Fax: 604-945-9071  
[info@crossroadshospice.bc.ca](mailto:info@crossroadshospice.bc.ca)  
[www.crossroadshospice.bc.ca](http://www.crossroadshospice.bc.ca)

Thank you for remembering Crossroads Hospice Society when planning your gifts. Society #S-24391



### HELP US HELP OTHERS

Interested in volunteering? Visit our website or call the following volunteer coordinators for more information:

#### Tri-Cities

Hospice and Visiting Volunteers  
604-949-2271

Bereavement Volunteers  
604-949-2274

#### New Westminister

Visiting Volunteers  
604-831-8701

#### Special Event/Office Support

604-945-0606

#### Crossroads Hospice Thrift Store

604-949-0459

Putting

*life into days*

not days into life

[www.crossroadshospice.bc.ca](http://www.crossroadshospice.bc.ca)

## CARING

### Visiting Volunteers

The volunteers at the Crossroads Inlet Centre Hospice (Port Moody) and those who serve the residents of New Westminster are recognised by their unique sense of caring and compassion. Visiting volunteers also take that compassion into the homes and hospitals in the Tri-Cities and New Westminster area. Some of the many roles they take part in include:

- One-to-one support
- Sitting vigil support
- Meal companions
- Caregiver support
- Visits with patients

Visiting volunteers must complete a comprehensive training program that includes topics such as:

- Palliative care and hospice concepts
- Needs of the terminally ill and their families
- Coping with loss, bereavement and grief
- Listening and communication skills

Training sessions are available in both New Westminster and in the Tri-Cities.

### Art Cart Services

The Art Cart volunteers work with patients and guests to engage in creative experiences that offer respite during the trying times faced during the end-of-life. Volunteers help patients create projects such as memory albums, picture collages and hand-made cards as memories for their loved ones.

### Tea Service

The Tea Service at Crossroads Inlet Centre Hospice, is hosted by two volunteers every Tuesday, Friday and Sunday afternoon. Volunteers bring freshly baked goods and prepare a complete coffee and tea service offering a little bit of respect and refinement in lives of others.

### Gardening

Crossroads Inlet Centre Hospice offers gardeners the chance to maintain peaceful patio gardens.

## SUPPORTIVE

### Bereavement Volunteers

Bereavement volunteers offer support to those who are grieving the loss of a loved one. They help run support groups and take part in Grief's Journey, a weekly walking group for the bereaved. Their kind and caring natures help guide individuals through their loss offering reassurance and encouragement to allow others the time and space needed to journey through grief.

### Fundraising and Special Events

Do you like meeting people and having fun in support of a good cause? All of our fundraising events need volunteers to make them a success. Here's some of the ways you can help out with our special events (some training or proof of skills may be required):

- Planning and organizing
- Sponsorship solicitation
- Prize solicitation
- Ticket sales
- Cashiers
- Decoration
- Publicity , poster distribution
- Setup and take down
- Security and First Aid

### Hike for Hospice (May)

Hike for Hospice is a family-focused, pledge-based fundraising event held in support of the terminally ill and their loved ones. Volunteering with Hike for Hospice provides many opportunities to network with the community while showcasing your skills in leadership, organization, inspiration and promotion.

### May Day Parade (May)

Each year, Crossroads joins the POCO Rotary May Day Parade to thank Hike for Hospice participants and supporters. Volunteers are needed to help design and build our float and of course to walk with us on the big day.

### Treasures of Christmas (November)

Treasures of Christmas is our annual gala fundraiser held at the Red Robinson Show Theatre. Volunteers can let their artistic spirits soar by decorating trees, coordinating prizes, solicit gifts for the silent auction or just help out on the night.

## ENTHUSIASTIC

### Crossroads Hospice Thrift Store

The Crossroads Hospice Thrift Store, located at the corner of Barnet and Falcon in Coquitlam, needs volunteers all year around to help keep this successful social enterprise running. Volunteer opportunities include:

- Customer service
- Quality control
- Cashiering
- Merchandising
- Sorting
- Publicity
- Marketing
- Recycling
- Janitorial

Your help will ensure that the public knows about the good work we do as well as help raise funds to run the Crossroads Inlet Centre Hospice.

### Office Administration

Our Business Office, located in downtown Port Coquitlam is always on the look out for volunteers with great office skills. Some of the tasks we need help with include:

- Phoning
- Data entry
- Desktop publishing
- PowerPoint presentations
- Marketing
- Mailouts
- Flyer and poster distribution

Join us and gain new skills, refresh your talents or simply enjoy the companionship of other office volunteers.

### Labyrinth Healing Garden

Volunteers are needed to help with a wide range of activities to ensure that our garden is being used effectively and safely. The Crossroads Hospice Labyrinth Healing Garden, located in Pioneer Memorial Park in Port Moody, will require a roster of volunteers to help with special events, programs, publicity, security, and maintenance.